



Webinar: Establishing Boundaries to Create Productive Relationships in the Workplace (#W2002)

1.25 NAB CEU's Available

Presented by Edward Leigh

When: Tuesday, February 18, 2020

Time: 10:00 AM – 11:15 AM CST

Cost: \$55 Member / \$110 Non-Member

Presentation Objectives

1. Analyzing the behaviors that violate appropriate boundaries.
2. Listing the steps in setting boundaries to prevent problematic activities.
3. Describing strategies to establish boundaries after inappropriate behaviors have occurred.

Presentation Description

Boundaries are the limitations we establish for ourselves and others. These boundaries can be both physical and emotional. In this content-rich session, you will learn powerful boundary setting tools to create healthy workplace relationships. The session will focus on three key points: types of behaviors that “cross the line” of what is considered acceptable; preventing maladaptive boundary issues from occurring; and how to effectively establish boundaries once an incident occurs. People sometimes mistakenly feel that if they set boundaries, they will be seen as difficult. The session focuses on methods of assertively setting boundaries without creating negative perceptions. The more effectively you communicate your boundaries, the less stressed you’ll feel in the workplace. Don’t be in a quandary – learn how to set up a boundary!

Presenter Bio

Edward Leigh focuses on creating high-performing long-term care environments, primarily focusing on effective communication between employees and with residents / patients. He has been working in the long-term care field for 20 plus years. He also works with rehab centers, hospitals, healthcare associations, medical practices, government organizations and universities. He has a master’s degree in health education and recently completed the soon-to-be-published book, *Engaging Your Patients*. He has also written hundreds of articles for various healthcare publications. His expertise put him in the national spotlight through interviews on The Today Show, MSNBC News, The Discovery Channel and can currently be seen on The Oprah Winfrey Network. He has been interviewed by Katie Couric and Montel Williams.

CEU's: This program will be submitted for approval for Continuing Education for 1.25 total participant hours by NAB/NCERS. Only those attending the entire call will be awarded education credit. Only one person may receive CE credit per registration.

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