

## Webinar Series: Trauma-Informed Care – Achieving Compliance in Behavioral Health

Presented by Barbara Speedling, Quality of Life Specialist

**Objectives:** At the conclusion of this series, the participant will be able to:

1. Describe the regulatory expectations for addressing Trauma and Behavioral Health Services;
2. Explain the importance of understanding the symptoms and challenges associated with a diagnosis PTSD, Mental Disorder, or Substance Use Disorder; and
3. Develop improved methods for the assessment and person-centered care planning for residents with behavioral health needs.

**Audience:** Social Workers, Discharge Planners, Admissions Professionals, Nurses, Administrators, Direct Care Staff

**Summary:**

Phase Three of the revised Federal regulations for Trauma-Informed Care and Behavioral Health Services challenge long-term care facilities to ensure that they are fully prepared to care for residents with complex psychosocial needs. Beyond differentiating between dementia and psychiatric illness or addictions, the facility staff must have a working knowledge of the interventions and services necessary to achieve quality care for a rapidly changing population. This session offers an overview of the regulatory expectations and insight into staff education and training, assessment and care planning, service development, and therapeutic activity interventions to address a broad range of behavioral health needs.

**It is recommended you purchase and listen to the entire series to be most beneficial. Webinars will be sold individually; however, you will receive a 15% discount if you purchase the entire series. If you purchase the entire series, the cost is **\$280 Members/\$561 Non-Members****

### **Module I: Behavioral Health: Overview of Final Rule – Phase 3 Compliance**

This program has been approved for Continuing Education for 1.25 total participant hours by NAB/NCERS-Approval #20200604-1.25-A56085-DL

**When: June 5, 2019 (#W22)**

**Time: 10:00AM – 11:15AM**

**Cost: \$55 Member/\$110 Non-Member**

**Summary:**

The new Federal regulations for Behavioral Health challenge long-term care facilities to ensure that they are fully prepared to care for residents with complex psychosocial needs. Beyond differentiating between dementia and psychiatric illness or addictions, the facility staff must have a working knowledge of the interventions and services necessary to quality care for a rapidly changing population. This series offers insight into staff

education and training, assessment and care planning, service development, and therapeutic activity interventions to address a broad range of behavioral health needs.

Following the classroom portion of each module, education and training will continue in the care environment. Resident interviews, program observations, and review of assessment and care planning policies and approaches will be ongoing throughout the series. The combination of classroom learning and hands-on demonstration and assessment will improve the facility's potential to sustain and expand this education as an ongoing effort to maintain the highest standards of care.

## **Module II: Post-Traumatic Stress Disorder (PTSD)**

This program has been approved for Continuing Education for 1.25 total participant hours by NAB/NCERS - Approval #20200618-1.25-A56086-DL

**When: June 19, 2019 (#W23)**

**Time: 10:00AM – 11:15AM**

**Cost: \$55 Member/\$110 Non-Member**

### **Summary:**

Post-Traumatic Stress Disorder (PTSD) can be a complicated and challenging condition to manage, both for the person suffering the disease and those providing care and treatment. The symptoms of PTSD can lead to a host of psychosocial problems, including job loss, family discord, and substance abuse. Ensuring staff understand and appreciate the many ways stress-related reactions can manifest is essential to establishing a proactive approach to symptom management. Recognizing these reactions as something the affected individual has little ability to control is key to creating a care environment in which healing and quality of life is achievable. This session offers a framework for staff education and training, and the development of care and services to meet the needs of residents impacted by stress-related disorders.

## **Module III: Schizophrenia**

This program has been approved for Continuing Education for 1.25 total participant hours by NAB/NCERS-Approval #20200714-1.25-A56088-DL

**When: July 15, 2019 (#W24)**

**Time: 10:00AM – 11:15AM**

**Cost: \$55 Member/\$110 Non-Member**

### **Summary:**

Schizophrenia and related mental disorders can be a complicated and misunderstood by family and professional caregivers. The symptoms of Schizophrenia vary from person to person, however auditory and visual hallucinations, delusions, and paranoia are common in people with this diagnosis. Developing a keen understanding of how the person affected views his/her world is key to finding person-centered solutions to individual circumstances. This session offers a framework for staff education and training, and the development of care and services to meet the needs of residents impacted by Schizophrenia or a related condition.

## **Module IV: Bi-Polar Disorder and Personality Disorder**

Approval # 20200729-1.25-A56094-DL Approved for 1.25 NAB CEU's

**When: July 30, 2019 (#W25)**

**Time: 10:00AM – 11:15AM**

**Cost: \$55 Member/\$110 Non-Member**

**Summary:**

Caring for someone with any illness is difficult. Caring for someone with a psychiatric illness is especially hard for many reasons. Just getting someone who is diagnosed with Bi-Polar or Personality Disorder to accept care and treatment is a major accomplishment. While there have been many advances in the care of residents with depression, the manic and depressive symptoms of Bi-Polar disorder and the symptoms of Personality Disorder are often described as “behavior.” Ensuring staff understand and can recognize and distinguish the symptoms of these diagnoses is important to the development of realistic, person-centered interventions. This session provides information and ideas on assessment and care planning for residents impacted by Bi-Polar and Personality Disorders.

**Module V: Substance Abuse and Addictions**

This program has been approved for Continuing Education for 1.25 total participant hours by NAB/NCERS-Approval #20200806-1.25-A56099-DL

**When: August 7, 2019 (#W26)**

**Time: 10:00AM – 11:15AM**

**Cost: \$55 Member/\$110 Non-Member**

**Summary:**

As our nation continues to battle the growing issues of substance abuse and opioid addiction, long-term care facilities are facing similar challenges. The population of residents being admitted on one or more pain medications known to be addicting is growing, making the development of focused approaches to the management of chronic pain essential to every facility. Considering the liberalization of laws concerning marijuana and contemporary social views on alcohol consumption, a proactive approach is necessary to meet the needs of a new generation. In this session, strategies for establishing liaisons with community-based addiction counseling and support services and developing wellness protocols in anticipation of the needs of those challenged by addiction are the central focus.

**Module VI: Development of a Quality Assurance Performance Improvement (QAPI)  
Approach to Sustaining Improved Care and Service and Regulatory Compliance**

This program has been approved for Continuing Education for 1.25 total participant hours by NAB/NCERS-Approval #20200815-1.25-A56105-DL

**Date: August 16, 2019 (#W27)**

**Time: 10:00AM – 11:15AM**

**Cost: \$55 Member/\$110 Non-Member**

**Summary:**

This session is designed to assist the staff participating in the series in development of systems and practices that will support the ongoing educational development of staff in areas related to Trauma and Behavioral Health to ensure the facility has competent staff with the skill sets to accommodate the variety of challenges residents with cognitive deficits or mental disorders present. Policy samples and other tools are provided throughout this series.

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Only 1 person per registration may receive NAB CEU's. Each webinar has been individually approved by NAB for 1.25 hours. Care Providers Oklahoma will submit CEU's to NAB upon completion of the webinar. **NO CERTIFICATES** will be issued upon completion.